

Relatability versus Reliability

Student Leader Training
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Fig. 1

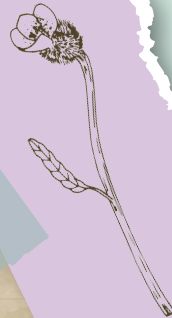


Fig. II



*How would you define
these terms?*



- Take a few moments to consider what each of these words means to you
 - Reliability
 - Relatability
- After individually thinking and coming up with your own definition, please share your thoughts with the group
- As on-campus leaders, it's important to maintain a balance between both!

When Focusing on Reliability...

Manage Commitments

- What do you consider a high priority?
- Focus on timelines
- Know when to say no

Proactively Communicate

- Let someone know if you cannot follow through
- Respond to correspondence in 24-48 hours

Start and Finish

- Keep your word and see things through
- The best way to finish strong is starting strong

When Focusing on Reliability...

Excel Daily

- Implement daily disciplines
- Do the best you can in the moment
- Focus on what you can control

Be Truthful

- Deceit isn't just lying, cheating and stealing
- Lies can be spread through omission or gossip

Respect Time, Yours and Others'

- Being on time shows that you stick to your word
- When late = "my time is more valuable than yours"

When Focusing on Reliability...

Value Your Values

- Do what is right, regardless of what you have committed to
- Many tasks in life and work are inherent in the role you play and being reliable means you don't have to be told what to do

Fig. VII



Use Your BEST Team

- BEST: Buddies who encourage success and truth
- Choose the energy you surround yourself with very wisely

When Focusing on Relatability...

Share Your Values

- Knowing what ideals you live by shows others how you see the world

Fig. VII



Know Your Worth

- Your skills and strengths are part of who you are

See Value in Others

- If you appreciate people and their impact, they are able to relate easier

Fig. VII



Venus

Add Value to Others

- When people feel as though they are being acknowledged and respected, they are more likely to do the same

Why is balance between the 2 important?

Too much relatability gets those who you are supposed to be leading too comfortable with you to the point where they may decline direction from you.

Fig. VI



Fig. VII



Venus

If you base your work relationships solely off of the reliability aspect, those who you are leading may not find you approachable or relatable and have difficulty genuinely communicating with you.

It's important to establish your role
as both a reliable and relatable
individual, setting clear boundaries
but also ensuring that you are a
figure they trust and can
communicate with

Relating to Being a Student Leader...



Fig. VIII

Question for

you:

What specific strategies do you plan to implement in order to maintain both of these qualities throughout your time as a student leader?

